

## Programmes

I have also attended training to facilitate:

*'GRIEF – An Intervention program for young people'*

This is a ten-week program for adolescents coping with loss and change (eg divorce, separation, illness, death, abuse). Young people who are not encouraged to grieve in a healthy manner, may be scarred for life. This program has been carefully produced and successfully used assisting students resolve grief issues, which may inhibit their future happiness.

*'How to Drug Proof You Kids'*

This is a six-week education and intervention program to assist parents to be more effective at influencing their children's choices in relation to drug use. Parents are exposed to topics such as 'Drugs just how bad is it', 'Why kids take drugs', 'How to educate your kids to make good choices' and much more.

This programme is supported by the local District Council and provides a forum where parents can discuss the challenges and learn from the experiences of other parents. No one parent is an expert, but by becoming informed, equipped and empowered, parents can exert influence and implement strategies to steer children away from the harmful use of drugs.

**Working Hours:** Tuesday/Thursday: 9.00am to 3.30pm

## Principal's Comment

CPSWs have worked in South Australian schools for many years and the service they render within each school community supports very effectively, the students with whom they come into contact. They provide a non-judgmental, but compassionate sounding board for students, staff and parents and by so doing are a vital and respected resource.

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# Role of the Christian Pastoral Support Worker (CPSW)

## Cathy Hinge



## CPSW Overview

As a result of the current government's strong commitment to Child Protection, much more stringent conditions of appointment and workplace processes now apply to all adults working with children. The current agreement in relation to the Christian Pastoral Support Program reflects this and requires that students must have written informed parental consent before obtaining individual, personal assistance from a person working in the school's Christian Pastoral Support Program.

CPSWs are members of the school staff who provide pastoral care to the school community. A CPSW provides a Christian presence in the school and is an extension of each Church into the school. The combined Local Churches Support CPSW as a chance to show a generation of young people that the church cares.

A CPSW is a friend to students someone they can talk to confidentially during difficult times. CPSW is about being there for students and walking with them through the hard times. It is also about sharing the good stories and providing opportunities for fun and positive personal development.

## How To Make An Appointment

Cathy's office is in the main administration block, and she can be contacted by phoning the Front Office. To make an appointment or for more information about the role and activities of the CPSW, please the High School on 8752 1455.

## Profile

I have been the Bordertown High School CPSW (formerly known as Chaplain) for the past twelve years, and I am continually reminded just how important it is to talk about things that are worrying. Sometimes, as CPSW, wiping the tears and listening is enough but for other students, regular support is needed.

I live on a farm with my husband Alan and our four children and prior to marrying and moving to 'the Good Country', 19 years ago, I worked as a police officer. Therefore I have always had a strong feeling towards the well being of others.

I absolutely love the time I share with the students at the High School and feel privileged to be the Bordertown High School CPSW..

## School Community Support

- Family issues
- Health, personal development
- Classroom support
- Lunch time singing
- Relationships, friendships
- Addressing drug and alcohol concerns
- Addressing the needs of particular students
- Recess time prayer group
- Personal issues
- Anger management
- Referral to professional help
- Activities and events

